

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

Energy level up at least 95%.

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Please describe your experiences regarding energy and Hemp Hearts:

*My energy level is definitely enhanced.
I do not feel tired and worn-out
by evening*

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Please describe your experiences regarding energy and Hemp Hearts:

True - and I am extremely active

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health--reduced tissue inflammation and improved tissue elasticity.

Please describe any external changes experienced with respect to skin and hair conditions:

*Absolutely! I suffered from all of the above
as well as very low energy - my skin and
hair and energy have significantly improved*

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For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

We have been using hemp hearts for about 3 years find hemp a great source of protein and energy.

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Please describe your experiences regarding energy and Hemp Hearts:

boosts energy

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Please describe your experiences regarding energy and Hemp Hearts:

When I eat HbHb everyday, I have alot of energy. I have horses & do alot of chores every morning & the HbHb give me enough energy for the full day

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Please describe your experiences regarding energy and Hemp Hearts:

Hemp Hearts increase energy & a feeling of well-being.