

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

I do have lots of energy.

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Please describe your experiences regarding energy and Hemp Hearts:

For our ages, I think our energy levels are very good.

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Please describe your experiences regarding energy and Hemp Hearts:

It seems that your energy level does not fade away during the day. which is Great

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Please describe your experiences regarding energy and Hemp Hearts:

We only use three tbs. and would agree with your statement

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Please describe your experiences regarding energy and Hemp Hearts:

It appears to help my energy level -

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Please describe your experiences regarding energy and Hemp Hearts:

*→ Less tired / more energy combined with a
retiree lifestyle*

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Please describe your experiences regarding energy and Hemp Hearts:

*I found with taking Hemp Hearts regarding
energy I seemed to have more energy during
the day.*

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Please describe your experiences regarding energy and Hemp Hearts:

*I believe the hemp hearts gives me
more energy than before I used them*

MV.