

8 Nov 729 0002

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.
Please describe your experiences regarding energy and Hemp Hearts:

has helped me with energy levels through
the day

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Please describe your experiences regarding energy and Hemp Hearts:

Great energy. If I miss a few days I can
feel my energy level go down

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Please describe your experiences regarding energy and Hemp Hearts:

I find it to be as you claim and I stated
above

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Please describe your experiences regarding energy and Hemp Hearts:

We both have lots of energy - mostly working
outside - we are organic garlic farmers.

70035

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I am filling this out for my husband who at 54 eats hemp hearts every day and absolutely swears by them for providing energy.

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Please describe your experiences regarding energy and Hemp Hearts:

He is a hard worker who loves hemp hearts for the energy provided.

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Please describe your experiences regarding energy and Hemp Hearts:

I have loads of energy. I can keep that up for usually most of the day.

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Please describe your experiences regarding energy and Hemp Hearts:

Hemp hearts provide me with enough energy to walk 4 miles a day and my yoga every morning.