

SNW 7290003

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.  
Please describe your experiences regarding energy and Hemp Hearts:

I am able to be an active senior.

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Please describe your experiences regarding energy and Hemp Hearts:

TRUE. I LOVE THE ENERGY I GET FROM HEMP HEARTS!

I HAVE HAD MAJOR BOWEL SURGERY AND I MUST BE VERY CAREFUL WITH WHAT I PUT IN MY BODY.

We claim that because of the protein content of Hemp Hearts those who eat five heaping tablespoons of Hemp Hearts early each morning will not normally be hungry at lunch time and will be able to avoid the starches usually consumed for lunch.  
Please describe your experience regarding hunger and Hemp Hearts:

My energy level is up and my hunger is decreased. I use 3 tablespoons every morning.

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Please describe your experiences regarding energy and Hemp Hearts:

energy increased, practice <sup>endurance</sup> evening yoga, Stamina & energy improved.

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Please describe your experiences regarding energy and Hemp Hearts:**

I have M.S., but have remained quite active, but feel the H.H. play a big positive position.

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Please describe your experiences regarding energy and Hemp Hearts:**

My morning energy is up and more consistent throughout the day. I have a light lunch and less food at supper time.

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Please describe your experiences regarding energy and Hemp Hearts:**

agree

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Please describe your experiences regarding energy and Hemp Hearts:**

My ENERGY LEVEL HAS INCREASED a great deal -