

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.
Please describe your experiences regarding energy and Hemp Hearts:

YES, I FEEL I HAVE ENERGY THROUGHOUT OF THE DAY.

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Please describe your experiences regarding energy and Hemp Hearts:

I have great energy, even when I do not get a restful sleep due to menopausal sweats and restlessness. My energy level seems to be envied by my husband.

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Please describe your experiences regarding energy and Hemp Hearts:

I have plenty of energy right through to the evening meal

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Please describe your experiences regarding energy and Hemp Hearts:

I am a very active person and in addition to hemp hearts I do take other supplements. I do feel that I generally have more energy than others around me.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

- I HAVE BEEN USING HEMP HEARTS FOR JUST OVER TWO YEARS ON A REGULAR BASIS - BEFORE I HAD USED THEM OCCASIONALLY. I HAD A CAR ACCIDENT 7 YEARS AGO, IN WHICH MY KNEES SMASHED INTO THE BACK SEAT, RESULTING IN HIP SURGERY, ONE IN 2002 & THE OTHER IN 2005. I HAVE DEFINATELY NOTICED MORE ENERGY & LESS ACHES SINCE TAKING HEMP HEARTS ON A DAILY BASIS.

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Please describe your experiences regarding energy and Hemp Hearts:

- People comment on my energy - I eat small lunch & supper

- Same for my husband

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Please describe your experiences regarding energy and Hemp Hearts:

My energy level is greater after eating hemp hearts in the morning.

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Please describe your experiences regarding energy and Hemp Hearts:

I have sufficient energy for all my activities.