

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

After almost 4 years on Hemp Hearts I only notice a change in energy if I do not take them for 2-3 days.

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Please describe your experiences regarding energy and Hemp Hearts:

I have a very good energy level throughout the day with Hemp Hearts.

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Please describe your experiences regarding energy and Hemp Hearts:

I work a twelve hour day and always am full of energy.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

My name is [redacted] - 50 yrs old this NOV-2008 - diagnosed in 1994 with HEPATITIS C. I have been through every procedure & drug known to medicine for this illness and it's side bar physical issues. I have a neuropathy in both legs and "wandering Vasculitis" - Nerve destruction - Prostatitis - Bacteriemia - low energy - No appetite - weight loss - HEMP HEARTS DEC 2000 1/2 cup daily 4-5 TBSP - IN AM with oats &/or banana - Major energy increase/healthier/NO CONSTIPATION (Heavy Medication) - HAPPIER HEALTHY

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Please describe yourself and the length of time that you have been using Hemp Hearts:

4 years - I am 47 years old and take 4 Tbsp. every morning in my cereal. I usually work from 5:00 AM till 8:00 PM. for many days straight and sleep going.

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Please describe your experiences regarding energy and Hemp Hearts:

very true

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Please describe your experiences regarding energy and Hemp Hearts:

I do have much greater energy since I've been taking the seeds

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Please describe your experiences regarding energy and Hemp Hearts:

With hemp hearts in morning able to go all day without feeling low on energy.