

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

I do deep water swimming twice a week -  
Square dance once a week. In summer I  
golf 9 holes 3 times a week on average -

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Please describe your experiences regarding energy and Hemp Hearts:

I do get more energy with the hemp  
hearts.

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Please describe your experiences regarding energy and Hemp Hearts:

I do believe I have more energy

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Please describe your experiences regarding energy and Hemp Hearts:

For the most part of the day I have good energy. I am  
a little over weight and don't sleep well most nights so  
I am tired by evening.

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Please describe your experiences regarding energy and Hemp Hearts:

Feel that I do have more energy through the day.

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Please describe your experiences regarding energy and Hemp Hearts:

I can continue to work until the job gets done I do not run out of energy.

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Please describe your experiences regarding energy and Hemp Hearts:

I have more energy the whole day am not tired until late in the evening

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Please describe your experiences regarding energy and Hemp Hearts:

they give me lots of energy - I don't have that afternoon slump.