

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

I certainly feel that I have more energy to last me through the day.

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Please describe your experiences regarding energy and Hemp Hearts:

Loss of energy for my 12+ hour workdays w/ 2 Tbsp.

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Please describe your experiences regarding energy and Hemp Hearts:

I have lots of energy into late evening

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Please describe your experiences regarding energy and Hemp Hearts:

That statement is true.

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Please describe your experiences regarding energy and Hemp Hearts:

My Energy level Is good

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Please describe your experiences regarding energy and Hemp Hearts:

Only on days when the exertion level is exceptionally high do I reach for a snack before dinner

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Please describe your experiences regarding energy and Hemp Hearts:

If I don't have my hemp hearts in the morning for a few ^{consecutive} days I notice a big decline in my energy level.

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Please describe your experiences regarding energy and Hemp Hearts:

My energy is good. I am walking and exercise every day. My weight is normal.

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Please describe your experiences regarding energy and Hemp Hearts:

I notice more energy for sure.

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Please describe your experiences regarding energy and Hemp Hearts:

SINCE STARTING ON HEMP HEARTS I HAVE FOUND I DO HAVE MORE ENERGY ALL DAY