

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.
Please describe your experiences regarding energy and Hemp Hearts:

Unlimited energy!

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.
Please describe yourself and the length of time that you have been using Hemp Hearts:

I have been using H.H. for about 6 months. I started using them for more energy.

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Please describe your experiences regarding energy and Hemp Hearts:

- had energy, felt good.

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Please describe your experiences regarding energy and Hemp Hearts:

*As a 75 yr old lady it gives me energy to do more stuff through out the day with out naps.
THE DAUGHTER: I HAVE a built up energy to do my job with out feeling fatig.*

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Please describe your experiences regarding energy and Hemp Hearts:

Enjoy lots of energy for long periods during heavy work.

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Please describe your experiences regarding energy and Hemp Hearts:

After breakfast, we find that our energy level is high and enables us to take enjoyable walks or other forms of physical activity. We find that we have no digestive problems and keep very regular in the bathroom.

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Please describe your experiences regarding energy and Hemp Hearts:

I have a lot of energy and am a very busy person.

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Please describe your experiences regarding energy and Hemp Hearts:

As I mentioned in the first paragraph I felt more energy than I had in my younger days while eating ~~tablets~~ Hemp Hearts and I was able to sleep better at nights because of the work I was able to accomplish during the day.