

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

We both age 90 and 97 have plenty of energy until 5 p.m. Then we rest.

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

I have more energy than most of my much younger hiking and dance partners

The Food Police would be more useful if they concentrated on getting rid of the sugar saturated 'shit' in the cereal aisle of our Super markets

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

Yes, this is true. I can work and be

very active all day when I

consume 3-5 TBSP of h.h. in the morning

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

Hemp Hearts has increased my energy level.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

BEING 76 YEARS OLD AND HAVING BEEN TAKING HEMP HEARTS FOR SEVERAL YEARS, IT IS DIFFICULT TO CALCULATE WHAT MY HEALTH CONDITION WOULD BE HAD I NOT EMBARKED ON YOUR HEMP HEART PROGRAM. I GO DANCING AT LEAST TWICE EVERY WEEKEND, CUT MY GRASS

We claim that because of the protein content of Hemp Hearts those who eat five heaping tablespoons of Hemp Hearts early each morning will not normally be hungry at lunch time and will be able to avoid the starches usually consumed for lunch.

Please describe your experience regarding hunger and Hemp Hearts:

(4/5 ACRE) WITH A PUSH MOWER, SHOVEL MY SNOW, HUNT MOOSE & DEER AND FISH WHEN I CAN. YOU WILL HAVE TO DRAW YOUR OWN CONCLUSION AS TO WHETHER HEMP HEARTS HAVE IMPROVED MY LIFE OR

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

HELPED TO MAINTAIN IT!

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

Our energy depends on lots of things, such as <sup>how</sup> much sleep we get and our stress level, but Hemp Hearts sure make a difference.