

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening. Please describe your experiences regarding energy and Hemp Hearts:

Yes, Hemp Hearts definitely increase energy.

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*Certainly improves our energy,
not always easy to do in senior
years*

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I exercise - walking my dog 3 times a day and working out with weights 3 times a week. Dinner is a heavier meal with fish 3 times a week. My energy for an 87 yr.old is excellent.

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*EVEN WITHOUT TAKING 5 TABLESPOONS I HAVE
PLENTY OF ENERGY*

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Please describe your experiences regarding energy and Hemp Hearts:

I know this claim is true because I have more energy when taking the Hemp Hearts at breakfast.

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I do have energy enough to keep going all day long. I ride a bicycle in the A.M. as often I can, my legs do feel a little tired after a 5 mile ride, however I soon recuperate.

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The days I am eating hemp hearts I have more energy

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Please describe your experiences regarding energy and Hemp Hearts:

I am in the scrap car business, I travel around the area picking up peoples discarded vehicles. Thanks To Hemp HEARTS
I HAVE AMPLE ENERGY