

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

IT HAS BEEN AN EXCELLENT SOURCE OF PROTEIN, OMEGA FATS (3, 6, 9) AND GIVES ME A GREAT BOOST OF ENERGY SO MUCH SO, THAT I HAVE REPLACED ~~THE~~ SOME OF MY SUPPLEMENTS WITH THIS FRESH SOURCE. I HAVE BEEN USING HEMP HEARTS FOR ABOUT 2 MONTHS - GOOD RESULTS BY 2 WEEKS

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

I seldom eat lunch as I am not hungry. Have not experienced a lack of energy throughout the day.

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Please describe your experiences regarding energy and Hemp Hearts:

MY ENERGY IS WAY BETTER - AMAZINGLY SO; HOWEVER SOME TIMES IT DOES GO DOWN IN LATER AFTERNOON (ALTHOUGH MORE AND MORE RARE EVEN IF I HAVEN'T SLEPT ENOUGH THE NIGHT BEFORE.

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Please describe your experiences regarding energy and Hemp Hearts:

No lack of energy

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Please describe your experiences regarding energy and Hemp Hearts:

I AM VERY ACTIVE AND WILL OFTEN CONSUME DOUBLE THAT DOSAGE PER DAY.

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Please describe your experiences regarding energy and Hemp Hearts:

I feel I have more energy when I eat hemp hearts compared to the days I do not take them.

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Please describe your experiences regarding energy and Hemp Hearts:

I have <sup>had</sup> extremely low energy because of many health problems - Only when I have my hemp hearts do I feel good enough to ~~accomplish~~ <sup>accomplish</sup> some of the essential tasks I have to do. It is amazing the difference it makes.

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Please describe your experiences regarding energy and Hemp Hearts:

Energy level is maintained past lunch time - but always eat lunch on a much lighter menu & feel very well & active from hemp hearts.

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