

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

*I find this statement absolutely true, the Hemp Hearts certainly do keep your energy up.*

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Please describe your experiences regarding energy and Hemp Hearts:

*I have plenty of energy.*

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Please describe your experiences regarding energy and Hemp Hearts:

*They seem to maintain my stamina all day*

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Please describe your experiences regarding energy and Hemp Hearts:

*yes, this is true!*

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Please describe your experiences regarding energy and Hemp Hearts:

When I consistently use Hemp Hearts - I have more energy all day. I'm able to do more house work for longer, or cut grass longer, because I don't get weak + tired near as quickly, as I do if I've not eaten Hemp Hearts.

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Please describe your experiences regarding energy and Hemp Hearts:

Some Days when I take 4-5 tablespoons of Hemp Hearts I find I have lots of energy

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Please describe your experiences regarding energy and Hemp Hearts:

I am a very energetic person and through the Hemp Hearts I feel more strength.

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Please describe your experiences regarding energy and Hemp Hearts:

Eating the prescribed amount gives me plenty of energy for a normal days activities.