

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

*My energy level is good. I take my dogs out for about 2 hrs a day - no problem.*

9.) I was operated on for colon cancer in 2002 and after six months of chemotherapy, I had no energy whatsoever. Eventually this energy-less state led me to homeopathy and from there to hemp hearts, which are now a fixed part of my life.

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Please describe your experiences regarding energy and Hemp Hearts:

*I used to pull myself upstairs with the help of the hand rail before H H. After being on the H H for a few weeks I could walk up with a 5 gal. pail of water in each hand. They restored the strength in my legs.*

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Please describe your experiences regarding energy and Hemp Hearts:

*I feel that they give me the energy to start my day, I have more energy throughout the day.*

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Please describe your experiences regarding energy and Hemp Hearts:

*I experience good, steady energy all day.*

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Please describe your experiences regarding energy and Hemp Hearts:

With my 5 tablespoons of Hemp Hearts with my Yogurt each morning, I find it gives me added energy throughout the day with additional Stamina.

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Please describe your experiences regarding energy and Hemp Hearts:

I do have more energy all day long.

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Please describe your experiences regarding energy and Hemp Hearts:

Hemp Hearts provide a full day of sustained energy. This "sustained energy" is unlike any other supplements/foods that claim to provide energy.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I have used Hemp Hearts as a supplement for about 5 years. I do feel it satisfies hunger. My sons in their early twenties like to ~~eat~~ <sup>take</sup> it. We ~~use~~ it especially for the benefit of healthy Omega fats and proteins. I have extra energy when I eat H. Hearts