

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a 52 year old woman and I have been using hemp hearts for about 5 months.

I think the government should be more concerned about all the drugs they allow on the market that cause suicides heart failure blood clots and everything else. Hemp hearts in my words causes SATISFACTION

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health—reduced tissue inflammation and improved tissue elasticity.

Please describe any external changes experienced with respect to skin and hair conditions:

Since taking hemp hearts I look and feel younger, when I go swimming people are amazed that I do not have wrinkled facial skin and my hair is always shining and I do not use any hair creams on my hair.

We claim that those who consume five heaping tablespoons of Hemp Hearts with long fiber foods for breakfast, who avoid consumption of anything with calories until evening and who then restrict themselves to a bare vegetable salad at 6 PM can lose one pound each day.

Please describe your weight control experiences with Hemp Hearts:

I don't have a weight problem. I am very fit. I strongly agree that hemp hearts have made me feel ~~to~~ lighter, stronger, more agile, more energetic.

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

If I forget to take it for a couple days or get busy and maybe out of town and not in normal routine. By the second or third day I am dragging my feet and feel like a nap in the afternoon.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

- Head of a corporation with 400 employees and 30,000 customers.
- Five years ago I was looking for natural source of food to support and energize me at a time of extreme personal and business stress.

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health--reduced tissue inflammation and improved tissue elasticity.

Please describe any external changes experienced with respect to skin and hair conditions:

I do feel better when I have my Hemp Hearts.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

with M.S. I know these products help me get threw the day!

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

no longer feel like napping  
after lunch  
am & throughout day very  
energized