

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

Overweight and using Hemp Hearts for 1 year.
Feel better.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a faithful user of Hemp Hearts for many years now. My doctor had me on cholesterol pills and I experienced dangerous side-effects, so in search for healthier alternative I came up on Hemp Hearts which I consume every morning. My cholesterol pills are long gone, so are those side effects, and my doctor says that my cholesterol level is normal. I beg you not to let anyone remove Hemp Hearts from consumer shelves or direct sales. Your very happy customer

Please describe any internal changes experienced relative to pain and tissue inflammation:

Hemp hearts are an exquisite product and so reasonably priced. Everyone I know who has tried them, feels an immediate sense of well-being and health. I certainly wish you well in your quest to market them. They are definitely the Number One health change in my life.

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

I feel better after using the Hemp Hearts than I have for years

G0053

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.
Please describe your experiences with Hemp Hearts and any serious health condition:

P.S. I wouldn't want to be without my Rocky Mountain Hemp Hearts. They have improved my athletic performance and my feeling of well being in general. LFR

We claim that those who consume five heaping tablespoons of Hemp Hearts with long fiber foods for breakfast, who avoid consumption of anything with calories until evening and who then restrict themselves to a bare vegetable salad at 6 PM can lose one pound each day.
Please describe your weight control experiences with Hemp Hearts:

In the last 5 years I have lost 50 lbs and feel great.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I am 55 years old and have been using Hemp Hearts for about 2 years on a regular basis. Since using Hemp Hearts, I have stopped all other supplements. I feel very good generally: physically, mentally and emotionally.

We claim that those who consume five heaping tablespoons of Hemp Hearts with long fiber foods for breakfast, who avoid consumption of anything with calories until evening and who then restrict themselves to a bare vegetable salad at 6 PM can lose one pound each day.

Please describe your weight control experiences with Hemp Hearts:

I am not as hungry after eating Hemp Hearts--so it is easy to lose weight and not feel weak or starved! My general health seems better all over. The mind is clearer when not eating a lot of starches + fats etc. I have more a feeling of well being!