

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health--reduced tissue inflammation and improved tissue elasticity.
Please describe any external changes experienced with respect to skin and hair conditions:

I SEE A GREAT IMPROVEMENT IN MY HAIR AND MY SKIN WHEN WE TAKE IT REGULARLY.

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I used to lose a lot of hair every time I combed my hair, but since I used hemp hearts I don't lose hair any more. No problem with skin.

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.
Please describe your experiences regarding energy and Hemp Hearts:

I have a very high energy level all day. I feel the Omega definitely helps me. My nails have improved, my complexion my skin over all.

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My skin and hair conditions ~~are~~ have improved!

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HAIR AND NAILS GROW FASTER

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I've used Hemp Hearts for about 5 yrs. I noticed much more energy, am less hungry during the day and feel I'm getting good quality protein. I'm 69 yrs. of age, going on 49. My 50 yr. old parents look like they are my brothers, not parents.

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- excellent for hair & skin

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Please describe any external changes experienced with respect to skin and hair conditions:

My skin is better & my hair is healthier.