

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

Have been using Hemp Hearts for approximately 3 years on a regular and daily basis. During this time my blood pressure has stabilized, also my back movement is regular. I sleep well, plus have sufficient energy to golf, bowl, dance, and all chores around the home. Get up, etc., etc. on a daily basis, and am 80 years of age.

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

My blood pressure is absolutely normal ranging from 120 (or less) over 72 or so. I feel this is attributed to hemp hearts.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

LIKE I MENTIONED ABOVE, MY BLOOD PRESSURE IS WAY BETTER THAN BEFORE.

NOTE: I OFTEN WONDER IF I WOULD BE ABLE TO TAKE HEMP HEARTS ACROSS THE BORDER IF WE DECIDE TO GO HERE ON A HOLIDAY. WOULD I BE ARRESTED? HORRIBLE! BUT I WOULD NOT LIKE TO GO WITHOUT MY HEMP HEARTS FOR 2 WEEKS. MY B.P. WOULD SORELY RISE.

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

Blood pressure stabilized other health condition no changes feel and sleep well

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Please describe yourself and the length of time that you have been using Hemp Hearts:

AGE 57 Male 210# USED HEMP HEARTS
OVER 3 yrs Able to lose 10% body weight
able to control type 2# diabetic without pills for three
years. Blood pressure pills cut 50%

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I have high blood pressure & diabetes II. I have been using Hemp Hearts for several years and enjoy the energy & Blood pressure results I get. I and my husband will take them forever!

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.
Please describe your experiences with Hemp Hearts and any serious health condition:

Blood pressure, diabetes under control.
Eat Hemp Hearts every morning for breakfast. Love them.

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

- My blood pressure is drastically improved.
This may be the combination of hemp hearts & significant weight loss during the hemp heart consumption.