

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

BLOOD PRESSURE HAS DROPPED BY 20 PTS.

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my blood pressure is right
on. I don't know about the
arteries. but I feel very good

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- Blood pressure has been more stable with
no high readings!

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at 84 years old, we need to control
blood pressure, and we feel that
Hemp hearts help.

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I was taking 100 MG. for high B.P.
now I'm 50 lighter I take 25 MG.
I hope to loose some more weight &
not take any Pills.

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Blood pressure is 116/70. with NO meds.

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

I was in for a medical 2 weeks ago. I'm 61 yrs old. Blood pressure 120/70. 5' 7 1/2" - 165 lbs. The doctor told me I was in better shape than most teenagers.

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

BLOOD PRESSURE HAS BEEN SLOWLY
REDUCING