We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods—minimizing their weight—are often able to improve circulation and reduce their dependence on insulin. Please describe your experiences with Hemp Hearts and any serious health condition:	
Used to be very constiputed all the time.	
With myshaheevery morning James Very nead to go when it is time togo. Myhish cholestrol when it is to go myhish cholestrol	,
For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch. Please describe yourself and the length of time that you have been using Hemp Hearts:	
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has improved there fore improving my ratio bel	L
I have noticed that my good cholesteral has improved there fore improving my ratio being good & bad cho lesterol. The omega fats have	
helped.	
Please describe changes to blood pressure indicative of changes in the elasticity of arteries: B. P. is great — 110/60. My doctor is features. Oh! My Cholesterol is 5 and stable.	
For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch. Please describe yourself and the length of time that you have been using Hemp Hearts:	•
I have chronic headaches & rely on hemp hearts for bowel regularity due too high intake of codeine for pain control. A side effect is that my cholesterol has	
come down.	
I think I've been on it Zyr.	

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