

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I'm 72 yrs old female taken hemp hearts for 1 1/2 yrs. am planning on going off 2.5 mg Apo-Ramipril, blood pressure meds, since my blood pressure has gone down.
also am going off lipitor 10mg for cholesterol, since my cholesterol has gone down.
my husbands cholesterol + blood pressure is better.
he is 79 yrs old

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

My BP is very good and all my cholesterol levels, especially the HDL is very good. HtH has brought up the HDL and lowered the LDL, the triglyceride are out of this world 😊

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

Greater control of blood pressure due to good cholesterol that the fiber does in hemp hearts in reducing greatly the bad cholesterol in the blood!

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I have been using Hemphearts I believe for about 4 years. I had elevated cholesterol levels at the time, I had my Blood tested pre- and post- Hemphearts. I can prove that it lowered the levels within 2 months.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods—minimizing their weight—are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

- high cholesterol is an inherited family issue
- better now.

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Please describe your experiences with Hemp Hearts and any serious health condition:

has improved my husband's circulation but he is ~~not~~ not diabetic.
It also helps stop the craving for having a cigarette.

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

My good cholesterol levels have risen, while my bad cholesterol levels have dropped. Blood pressure, under normal circumstances, is good but being rather hypa it can vary.

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

my blood pressure is low, but my blood tests have improved since I started eating hemp

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

My blood pressure + cholesterol are much improved from two years ago when I became acquainted with and began taking Hemp Hearts regularly.