

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

MY PHYSICIAN CONTINUES TO BE AMAZED AT MY BP AND CHOLESTEROL LEVELS. HE ASKS, 'HOW?' AND I TELL HIM, 'HEMP HEARTS AND EXERCISE.' HE SAYS, 'WELL YOU ARE DOING SOMETHING RIGHT. KEEP UP THE GREAT WORK. AMAZING.'

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seems to keep with bp. and cholesterol

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I had high blood pressure + cholesterol now I'm almost off of the all my pills for them. Plus I was taking 8-10 meds 4X a day + now I'm down to 2 a day.

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MY BLOOD PRESSURE IS EXCELLENT AT 71 YEARS OF AGE + MY CHOLESTEROL IS DRIPPING. I THANK HEMP HEARTS FOR THIS

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When I go to the doctor my blood pressure is always normal and arteries are all OK

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My blood pressure is good and my cholesterol levels have decreased to a normal level while taking Hemp hearts

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I have always had low blood pressure. I recently had a cholesterol test and my #'s have gone from 5.3 → to 2. !!

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I am 45 years old male and I have been using hemp hearts for almost 2 years. I am slightly overweight with high cholesterol levels, after using hemp hearts I have lost 15 pounds and my cholesterol is at a normal level. I live in Richmond Hill, Ont Canada.

We advise customers that Hemp Hearts should be eaten for breakfast with unblended raw fruit and vegetables (no fruit for diabetics) so that the long fibers in these foods will knit wastes together to ensure that individuals are not too loose, but that they clean out thoroughly.

Please describe your experiences regarding digestive health and Hemp Hearts:

I've had my cholesterol lowered since taking Hemp Hearts plus I'm more regulated and better digestive with the Hemp Hearts,

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It has lowered my blood pressure by 10 points