

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a Vegan so Hemp Hearts are an important part of my diet.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

80 year old. Lifelong Vegetarian. CVA in 1996. 2 x Cardiac Events 200
constipated with medications. Hemp Hearts have corrected this.
Have 1 eggcup full each day with Breakfast.
(Cup is 75 ml capacity)

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Please describe yourself and the length of time that you have been using Hemp Hearts:

For the last four years hemp hearts have been an important protein source in my vegan diet. I have them every morning on my green salad. The omega fats and other essential nutrients make this food item most valuable.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I have been using Hemp Hearts for at least five years. I am a vegetarian. Hemp Hearts have been one of my protein sources. If anyone would like to talk to me personally, by all means. I listen to my body and Hemp Heart definitely agree with me.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a 45 year old mother with a career as a specialist in cardiac intensive care. I am also a part-time therapeutic massage therapist and enjoy travelling. My family's diet has become almost entirely vegan in the last 2 years (vegetarian prior to that). I am happy to support local producers and prefer to shop as close to the source as possible. We have regularly used hemp hearts for about 2 years.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a vegetarian who eats fish and eggs. I have been using Hemp Hearts for about 3 years.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a 54 year old female in good health. I have been ~~having~~ ^{consuming} hemp hearts for 2 1/2 years. I attribute a lot of my good health to my consumption of hemp hearts. They are a main staple of my diet. I am a vegetarian.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

Approx 1 year
- very healthy
- vegetarian
- energetic