

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.  
Please describe yourself and the length of time that you have been using Hemp Hearts:

I am 76 yrs old and have been taking Hemp Hearts for the past 3 years and think they are great.

We advise customers that Hemp Hearts should be eaten for breakfast with unblended raw fruit and vegetables (no fruit for diabetics) so that the long fibers in these foods will knit wastes together to ensure that individuals are not too loose, but that they clean out thoroughly.

Please describe your experiences regarding digestive health and Hemp Hearts:

I have been a long Haul Truck driver most of my life and have always had problems going to the bathroom since I have been using hemp hearts I have been regular as clock work. This is the best product I have ever used and I recommend it to anyone with bowel movement problems.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods—minimizing their weight—are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

Feel better than had in years.  
Dr. said he didn't care what I was doing to get results like that—keep doing it.

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Please describe your experiences with Hemp Hearts and any serious health condition:

with M.S. I know these products help me get threw the day!

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Please describe your experiences regarding digestive health and Hemp Hearts:

My digestive health is excellent and I absolutely love your hemp hearts with morning fruit and veggies. Who needs any special cleanse regime when you have these combinations. I truly hope your hemp hearts are here to stay!

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Please describe your experiences regarding digestive health and Hemp Hearts:

I have been eating hemp hearts for about 8 1/2 years and do remember the feeling of being thoroughly cleaned out when I started eating them. That's normal now.

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Please describe your experiences regarding digestive health and Hemp Hearts:

Again, the claims made are not exaggerated. I am very happy with the digestive health provided by Hemp Hearts.

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Please describe your experiences with Hemp Hearts and any serious health condition:

NOT PERTAINABLE TO MYSELF

NOTE THIS PRODUCT GIVES ENERGY PERIOD!