

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

I HAVE NEVER BEEN OVER WEIGHT AND SINCE USING HEMP HEARTS NOW HAVE MORE ENERGY AND AM AGAIN WORKING AT GARDENING AND MY HOBBIES.

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Please describe your experiences regarding energy and Hemp Hearts:

That is True, I go all day.

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*As it applies to me, this above statement is absolutely true. In fact, as I've already said above, even two to three heaping tablespoons of Hemp Hearts each morning gives me the energy I need to pursue an active and healthy lifestyle each day. For example, although I'm retired I find myself busier than ever. I walked an hour every day. I maintain our home and property, be it woodworking remodeling, wall-boarding or electrical work, I'm always doing something to make our home more comfortable and up-to-date.*

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Please describe your experiences regarding energy and Hemp Hearts:

I am amazed that I have so much energy. I used to have to rest in the afternoons, but since taking Hemp Hearts, I have a lot of energy, and can keep going for ages.

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Please describe your experiences regarding energy and Hemp Hearts:

H. HEARTS GIVE ME THE ENERGY TO GET UP @ 6:30 AM & KEEP GOING EVERY NIGHT UNTIL 11:00 PM TO MIDNITE - OCCASIONALLY LATER. SOMETIMES I HAVE TO FORCE MYSELF TO GO TO BED.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

We are both 80 and are using Hemp Hearts for about 4 years regularly with wonderful results. A morning without Hemp Hearts is no morning.

We claim that because of the protein content of Hemp Hearts those who eat five heaping tablespoons of Hemp Hearts early each morning will not normally be hungry at lunch time and will be able to avoid the starches usually consumed for lunch.

Please describe your experiences regarding hunger and Hemp Hearts:

I take Hemp Hearts every morning at 7 AM and I am never hungry until 1 PM or later. I am a firm believer in the good results of Hemp Hearts.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I'm a woman and have been using Hemp Hearts for over 1 year. It gives me life. I have more energy than some of the girls we have walked down the street which are only 19-20 years old.