

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

My High BLOOD PRESSURE IS CLOSER TO A NORMAL PERSON. I'M QUITE HAPPY ABOUT THAT

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I am 59 year old 135 lbs, 5'1" tall. I've been using Hemp Hearts for about 3 years. I will be very sorry if I cannot get this product. It's a part of my life now. I even take it on holidays.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

Feel good taking hemp hearts no side effects, extra energy.
(recommend for others)

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Please describe your experiences with Hemp Hearts and any serious health condition:

I have no serious health conditions & have no diabetes, heart condition etc.

I will continue taking Hemp Hearts everyday because I feel it has enhanced my life & helps prevent health conditions that would require drugs. I prefer NATURAL remedies!
Thank-you so much.

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I have had no serious health problems, (thanks be to God) I take no medications or prescription drugs.

I am a fan of Hemp Hearts to me they have added to my good health.

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My health was already decent, now it's slightly better. I really like hemp hearts for my kids and husband and myself and never want to give them up. They are healthy and delicious and we feel great using them.

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I didn't have a serious health condition. I just wanted to drop some weight and get off grease, starch and junk food. Hemp hearts have clearly helped me do that and I really enjoy the taste so far! Peter