

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I have been using hemp hearts for the last 6 months. I had atrial fibrillation and arrhythmic so wanted to change my diet to include only whole fresh foods. I believe that the body can self heal if given the proper foods.

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

Inflammation of Crohn's Disease as symptoms have been stable for the last 2 years

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

We are finding our medical medication appears to be too strong. Have gone off a blocker and hopefully soon reduce the blood pressure pill.

Please describe any internal changes experienced relative to pain and tissue inflammation:

My sinus condition was not as bad when I started taking hemp hearts.

U0038

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

I do not use Hemp Hearts for weight loss. I had a brain tumor and lots of problems. Thanks to Hemp Hearts now I am not using those meds that I was to take for the rest of my life. Blood pressure has gone back to normal. I am feeling fine. THANK YOU

Please describe any internal changes experienced relative to pain and tissue inflammation:

I am troubled with many allergies (only developed at age 66) & also have arthritis. My arthritis pain is OK at present & I'm off my arthritis meds - never thought about it but maybe it's the hemp hearts!

Please describe any internal changes experienced relative to pain and tissue inflammation:

I DON'T NOT HAVE HEART  
BURN ANY MORE

Please describe any internal changes experienced relative to pain and tissue inflammation:

My husband has divertosus & has had no flare ups since been on hemp hearts

About two years ago, my wife Phyl, was diagnosed as a Celiac and the search for gluten free flours and any variety of consumable grains was on. Hemp Hearts was added to the list which included Quinoa, Brown Rice, Buck Wheat, Corn Meal and even Hominy Grits.