

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

* Good luck in defending Hemp Hearts. I don't look forward to heart palpitations if this goes off the market!

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health--reduced tissue inflammation and improved tissue elasticity.

Please describe any external changes experienced with respect to skin and hair conditions:

I have noticed my skin and hair looking much healthier. Especially since I am breast feeding which can affect skin + hair negatively.

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health--reduced tissue inflammation and improved tissue elasticity.

Please describe any external changes experienced with respect to skin and hair conditions:

SKIN - 15 YEARS ~~YOUNGER~~

HAIR MORE COOSY ^{YOUNGER} LOOKING.

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health--reduced tissue inflammation and improved tissue elasticity.

Please describe any external changes experienced with respect to skin and hair conditions:

I am over 60 years old, and my skin looks good and hair is healthy + good nails

Please describe any internal changes experienced relative to pain and tissue inflammation:

With regular use I have overcome the discomfort of osteoporosis and arthritis without resorting to harmful drugs. Recommending hemp hearts to people. And they are delicious.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I have high blood pressure & diabetes II. I have been using Hemp Hearts for several years and enjoy the energy & Blood pressure results I get. I and my husband will take them forever!

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

Have been using Hemp Hearts for approximately 3 years on a regular and daily basis. During this time my blood pressure has stabilized, also my back movement is regular. I sleep well, plus have sufficient energy to golf, bowl, dance, and all chores around the home, cut grass, etc, etc on a daily basis, and am 80 years 5' 10" tall.

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Please describe any external changes experienced with respect to skin and hair conditions:

I have smooth, dewy, healthy skin and at age 63 am often complimented on its condition.

My hair is lustrous and thick.

I note improvement in 2 small psoriatic rashes.