

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

Using H.H. approx. 6 months. Am diabetic with Parkinson's Disease. H.H. have stabilized my blood sugar, I believe, as I no longer get weak & shaky as a few hours go by. I can after go from breakfast till dinner time without feeling as though I am "coming in." I'm 78 yrs old and fairly ~~active~~^{active}. Had a heart attack 20 yrs ago, but in good health now. I am a firm believer in supplementary additives (eg. vitamins) and read a lot re: health.

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.

Please describe your experiences regarding energy and Hemp Hearts:

Hemp hearts keep my weight down and my blood pressure is normal now, and so is my heart beat. My Dr can't get over my health improvement at \$5.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

SEE PAIN / INFLAMMATION

MY ARDSTATE HEALTH HAS RETURNED. NO MORE URGENCY TO URINATE ON LESS THAN A FULL BLADDER.

IF YOU KNOW ANY LONELY YOUNG LADIES SEND EM MY WAY

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I'm sorry I don't remember exactly how long I have been taking the hemp hearts. (I've had 2 small strokes) I do remember the ^{Food} difference they made, healthwise, for me from the very first day. I'm 78 years old.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I was born on March 13, 1924, and have enjoyed good health throughout my life, probably due to having the right genes, eating plenty of fruits & vegetables and getting lots of exercise.
I have been using Hemp Hearts for about 3 years.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I am 67 yrs. old, have been using hemp hearts for approximately 5 years.

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health—reduced tissue inflammation and improved tissue elasticity.

Please describe any external changes experienced with respect to skin and hair conditions:

I am 85 years old, no wrinkles and my hair are white ~~but~~ lots of of it

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a retired science teacher 81 yrs old,
and have been using Hemp Hearts for about three years.