

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I am 84 years old and in good health. Everyone says I look and act younger than most people of my age. I have been using Hemp Hearts for six years.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

My entire family (2 adults + 2 children) have been using Hemp Hearts for over 1 year (everyday). We are all very active and notice the extra energy we get from Hemp Hearts.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

as a senior I have been using Hemp Hearts for approx 3-4 yrs and have promoted the product to family members

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I'm a retired teacher, age 61, I've been taking Hemp Hearts for one + a half years.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I AM A PHYSICIAN AND HAVE BEEN USING HEMP HEARTS FOR 2 YEARS

I AM ON A "DEAN ORNISH" DIET FOR COLONAL ALLERGY (HEART) DISEASE

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.  
Please describe your experiences regarding energy and Hemp Hearts:

Considering my age (76 1/2 yrs) I probably fall into the moderate or extremely category. I walk 6 kilometres in 50 minutes to 1hr 3 to 4 times per week. On the other days I work out (weight lifting in my home gym) for an hour. Without the hemp hearts on a daily basis I could not follow this conditioning program. (I am trying out for the Senior's Olympics in 2010 ☺).

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a retired science teacher 81 yrs old, and have been using Hemp Hearts for about three years.

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

I had a complete physical last month first time in 26 yrs. The Dr. was very impressed with my results - all results were that of a 40 yr. old. They even sent me for a second stress test because they couldn't believe the first one!