

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

Have been using Hemp Hearts for approximately 3 years on a regular and daily basis. During this time my blood pressure has stabilized, also my back movement is regular. I sleep well, plus have sufficient energy to golf, bowl, dance, and all chores around the home, cut grass, etc, on a daily basis, and am 80 years of age.

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

* Good luck in defending Hemp Hearts. I don't look forward to heart palpitations if this goes off the market.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

As stated before, I have celiac disease & Hemp Hearts have been great for my diet due to bowel regularity, sufficient protein in my diet, sufficient fiber in my diet, my high level of energy is well as looking & feeling great.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I am 76 yrs old and have been taking Hemp Hearts for the past 3 years and think they are great.

Please describe any internal changes experienced relative to pain and tissue inflammation:

Because I have RA I believe the healthy eating along w/ hemp hearts allows me to live a productive and with very limited pain.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I'm ^{female} 49 yrs old & have used hemp hearts for 4 months

I'm healthy, moderately active and notice feeling even better and less susceptible to illness when I use hemp hearts daily (approx 2 tbs)

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a 54 year old woman who has used them for about a year. They have given me so much energy and I do not get sick often

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Please describe yourself and the length of time that you have been using Hemp Hearts:

If all health foods were 1/2 as helpful in every way as hemp hearts, they would be worth 1/2 the money. So many health food products are ~~just~~ ^{typed} over priced. Enough said.