

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods—minimizing their weight—are often able to improve circulation and reduce their dependence on insulin. Please describe your experiences with Hemp Hearts and any serious health condition:

I don't have a serious health condition or with continued use of Hemp Hearts I hope to keep it that way.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch. Please describe yourself and the length of time that you have been using Hemp Hearts:

I have been taking Hemp Hearts for about 2 years, and my health has greatly improved.

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Probably have used Hemp Hearts for a couple of years now. Enjoying good health & use Hemp Hearts for the protein & omega.

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To whom this may concern:
Your product is very good. My husband has been on it for 2 years now. And I will admit his health has improved a lot.
Thank You.

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Please describe your experiences with Hemp Hearts and any serious health condition:

I HAVE NO SERIOUS HEALTH PROBLEMS.
I HAVE NOT HAD A SERIOUS COLD OR FLU SINCE I STARTED ON THIS ~~PRODUCT~~ PRODUCT.

We claim that because of the essential fat content of Hemp Hearts that unless an individual is considerably overweight or extremely active, most individuals who eat five heaping tablespoons of Hemp Hearts each morning will have sufficient energy until evening.
Please describe your experiences regarding energy and Hemp Hearts:

It was in for a medical 2 weeks ago. I'm 61 yrs old. Blood pressure 120/70. 5' 7 1/2" - 165 lbs. The doctor told me I was in better shape than most teenagers.

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Please describe your experiences with Hemp Hearts and any serious health condition:

I am hoping to avoid diabetes by eating Hemp Hearts. I have faith in Hemp Hearts to keep my body healthy CB

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health—reduced tissue inflammation and improved tissue elasticity.
Please describe any external changes experienced with respect to skin and hair conditions:

I am healthy + continue to feel healthy + energetic.