

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin. Please describe your experiences with Hemp Hearts and any serious health condition:

I am healthy - no health conditions or problems and I maintain my health by good living and good eating and Hemp Hearts is part of my good eating habits.

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health--reduced tissue inflammation and improved tissue elasticity. Please describe any external changes experienced with respect to skin and hair conditions:

Feel Good!

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My general health seems to be better. I stopped taking HH the first time I tried it & found my general feeting went down so I started taking HH again & feel much better for it.

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HAS HELPED ME REMAIN HEALTHY,
ACTIVE, AND HAPPY

Please describe changes to blood pressure indicative of changes in the elasticity of arteries:

I'm in relative good health, now with the hemp hearts I'm in the best health I can be.

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Please describe any external changes experienced with respect to skin and hair conditions:

My skin and hair are very healthy looking. I avoid sugar, starches and processed foods. I am sure the Hemp Hearts are contributing to my overall good health.

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Please describe your experiences with Hemp Hearts and any serious health condition:

Since taking Hemp Heart daily I feel much better and have lots of energy for an 89 year old gentleman!

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Please describe your experiences with Hemp Hearts and any serious health condition:

No serious health conditions. Feel very fortunate to feel hemp hearts will help keep us in good health. Love them too!