

Please describe any internal changes experienced relative to pain and tissue inflammation:

Of note: My bone density reports that rather than going down (with age) it is improving! - This is great!

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a 70 yr. old male in excellent health. I have been using Hemp Hearts for 6 years and they play a big part in keeping in good health.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I am a 76 year old woman. I have been eating Hemp Hearts for 4 years. I am now regular and very healthy + don't wish to ever stop eating Hemp Hearts. On trips when I'm unable to have them I drop back to irregularity.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods—minimizing their weight—are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

I am not a diabetic, my doctor thinks I am in amazing good health and should see 100 years or better

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I have been eating hemp hearts every morning for the past five or six years. I am sure they contribute to my good health and energy.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I'm 80 years old and have all the old age symptoms. Using hemp hearts since 2002, I'm feeling a lot better.

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I am now a "senior" citizen but would when I started taking hemp hearts. A nutritionist told me about hemp hearts. I've been using hemp hearts for 2 years now and frankly have never felt so good!

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Please describe yourself and the length of time that you have been using Hemp Hearts:

I am 81 yrs old and since using hemp hearts for at least 3 yrs. I feel very healthy and youthful, compared to how I used to feel sluggish and tired. I used them everyday. When I don't or miss a few days, I suffer from bowel problems.