

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I have been using Hemp Hearts since it was made available in the marketplace (9-10 years) & find this food to be extremely beneficial in providing the essential nutrients for me to maintain the good health I enjoy at the age of 80 years, with absolutely no side effects. My family also use this product with great success.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I am 84 years old and in good health. Everyone says I look and act younger than most people of my age. I have been using Hemp Hearts for six years.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I am an 80 year old widow still living on my own, preparing my own meals. Hemp hearts are a staple I always keep on hand and have since I discovered them 9 or 10 years ago.

X0039

We claim that those who use Hemp Hearts in quantity every morning with long fiber foods, who minimize their weight by avoiding sugar, starches and processed foods, inevitably notice improved tissue health--reduced tissue inflammation and improved tissue elasticity.

Please describe any external changes experienced with respect to skin and hair conditions:

WE FIND THAT OUR GENERAL HEALTH IS IMPROVED, SLUGGISHNESS, ENNUI AND LETHARGY ARE GONE. SKIN TONE & ELASTICITY IS GREATLY IMPROVED. THEY ARE TASTY, EASY TO USE (JUST SPRINKLE ON FOOD OR IN BEVERAGES) AND IMPROVE DIGESTION. I DO NOT WANT TO LOSE ACCESS TO THIS PRODUCT, WHICH IS ALSO VERY REASONABLY PRICED.

We claim that diabetics who use Hemp Hearts in quantity each morning with assorted vegetables, totally avoiding sweet fruit, starches and processed foods--minimizing their weight--are often able to improve circulation and reduce their dependence on insulin.

Please describe your experiences with Hemp Hearts and any serious health condition:

I recommend "Hemp Hearts" to anyone that just wants to "feel better" overall.

In a year or two
Banks for Diabetes

Please describe any internal changes experienced relative to pain and tissue inflammation:

My immune system is stronger. I rarely am rarely ill with so much as a cold + if I cut myself I heal very quickly.

For almost ten years we have been manufacturing and marketing a food product called Hemp Hearts (shelled hemp seed) which, by laboratory analysis, is an excellent source of protein, omega fats and essential nutrients, but which contains virtually no sugar or starch.

Please describe yourself and the length of time that you have been using Hemp Hearts:

I have been taking Hemp Hearts about 2yrs. - 4-5 TBp. a day.
I put it on my cereal every morning + I love it.
I am 78 yrs old + believe this is diffinately one reason I am so healthy and active.